

HYDROXY PHYTO PEEL

PROTOCOL

HYDROXY PHYTO PEEL

Duration: 45 minutes

DULL/SMOKER SKIN, FINE LINES AND WRINKLES, DEHYDRATED SKIN, ACNE, UNEVEN PIGMENTATION, EPIDERMAL SCARS

The Hydroxy Phyto Peel combines the complementary action of AHAs and BHAs to gently exfoliate the skin and clear pores by promoting cell turnover for a smoother, more even complexion. Enhanced with a natural sugar complex, squalane, and shea butter, it hydrates and fortifies the skin barrier.

Ideal for all skin types except sensitive skin, this peel reduces fine lines, brightens skin tone, and enhances overall clarity. Highly effective for treating a wide range of skin concerns, including acne, clogged pores, dullness, fine lines, hyperpigmentation, oiliness, and dehydration. The added hydrating and nourishing ingredients ensure that the skin remains moisturized and soothed.

The Hydroxy Phyto Peel can be used as a **standalone treatment**. It is **not advisable to combine it with other DÉCAAR treatments** and is **not suitable for sensitive skin**.

BENEFITS

- Accelerates healing process
- Decreases hyperkeratosis in the follicle
- Normalizes functions of sebaceous glands
- Purges pores of dirt, sebum, and dead skin cells
- Initiates processes of skin regeneration
- Exfoliates and peels away the topmost skin layer to reveal smooth, bright skin underneath

PROTOCOL STEPS

STEP 1 – CLEANSING

1. Remove make-up with 3ml of Cleansing and Make-Up Remover Micellar Lotion or Dual Phase Make-Up Remover.
2. Cleanse the skin with 3ml Cleansing Milk, or Purifying Cleansing Gel or Delicate Foam Cleanser according to skin type. Moisten your fingertips and proceed with circular movements.

STEP 2- TONING

1. Tone with 3ml pH Balancing Lotion or Phyto Lotion according to skin type.

STEP 3 - DEEP PHYTO APPLICATION

1. Apply a thick layer of Oxygen Massage Cream around the delicate eye area, eyebrows, and lips.
2. Put on the gloves and apply a thin layer of the Hydroxy Phyto Peel and massage in a firm way for 5 minutes to activate it. Leave it to rest as a mask on the face and décolleté area for:
 - a. Mild exfoliation: 5 minutes

- b. Moderate exfoliation: 10 minutes
 - c. Deep exfoliation: 15 minutes
- 3. The treated person may have some tingling sensation or redness for the first 5-6 minutes, which is normal.
- 4. A small ventilator or oxygen machine is recommended during the treatment to cool down the skin.
- 5. Remove with wet sponges and lukewarm water.

STEP 4 - EXTRACTION

- 1. Apply 3ml of Pro Cleansing Gel Mask on the face and leave it on for 15 minutes.
- 2. Remove with wet sponges and lukewarm water from the half face area and proceed with the extraction using Décaar's Ultrasonic Skin Blade. Repeat on the other half side of the face.

*Avoid using the steamer after Hydroxy Phyto Peel to reduce excessive irritation.

STEP 5 - TONING

- 1. Tone with 3ml pH Balancing Lotion.

STEP 6 - SKIN RECOVERING

- 1. Apply 2ml Oxygen Serum+ then apply 5ml Oxygen Massage Cream and give a gentle massage.
- 2. Remove the remaining with a tissue.

STEP 7 - CALMING & SOOTHING

- 1. Apply a thick layer of 5ml Calming Mask and leave it on for 10-15 minutes. During the mask, we proceed with décolleté and arm massage by using Oxygen Massage Cream.
- 2. Rinse off the Calming Mask with wet sponges and lukewarm water.

STEP 8 - TONING

- 1. Tone with 3ml pH Balancing Lotion.

STEP 9 - SOOTHING

- 1. Apply 2ml Delicate Soothing Gel on the treated area to boost the recovery process.

STEP 10 - PROTECT & SHIELD

- 1. Restore with 2ml of Oxygen Serum+, or Age Defying Serum, or Lumi Drops Serum, or Lumi CC Booster, or Pigment Booster Complex.
- 2. Protect with 1ml of Energizing Eye Cream, or Instant Lift Eye Cream, or 2ml of Superior Eye, Neck & Décolleté Cream.
- 3. Protect with 2ml of Oxygen Gel, or Rebalancing Cream 24hr, or Anti Acne Cream 24hr, or Oxygen Hydro 24hr, or Dream Glow Cream*, or Youth Elixir Day Cream, or Absolute Hydro Cream+, or Absolute Hydro Cream.
- 4. Shield with 2ml of Oxygen Cream SPF30, or BB Oxygen Cream SPF50, or Youth Elixir Suncare Cream SPF50, or Advanced Luminous SPF50.

* Alternatively, you can mix Dream Glow Cream with drops of Pigment Booster Complex or Lumi CC Booster and apply.

REPETITION

A program of four treatments, once a week for four weeks. Take a break for one week and repeat the program again until the achievement of the desirable result.

MAINTENANCE

Is recommended to repeat the treatment periodically during spring and autumn to prepare and shield the skin for the change of season.

CONTRAINDICATIONS

Please check 'Client consultation form'

SPECIAL CASES

Compulsory coverage with Oxygen Massage Cream before the Hydroxy Phyto Peel for:

- Suspicious Mole
- Couperose
- Eczema

HOME CARE PROTOCOL

Advise the client to use DÉCAAR home care products to optimize treatment outcome (more than 70% improved results have been noticed when the treated person combines the treatment with DÉCAAR homecare products). Also, we advise our client to drink a lot of water during the day (2L per day), to avoid sun explosion/sauna/steam bath and for the first 24 hours not to clean the face with water.

Dull/Smoker Skin, Acne, Epidermal Scars

Morning skin regimen:

1. Cleanse with Décaar Purifying Cleansing Gel.
2. Tone with Phyto Lotion.
3. Boost with Acne Repair Serum, or Oxygen Serum+.
4. Oxygenate and soothe with the Oxygen Gel.
5. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
6. Protect with the Rebalancing Cream 24hr, or the Anti Acne Cream 24hr.
7. Shield with the Oxygen Cream SPF30, or BB Oxygen Cream SPF50. Repeat every 4 hours if exposed to direct sunlight.

Evening skin regimen:

1. Remove make-up with Cleansing and Make-Up Remover Micellar Lotion, or Dual Phase Make-Up Remover.
2. Cleanse with Décaar Purifying Cleansing Gel.
3. Tone with Phyto Lotion.

4. Balance the skin with Acne Repair Serum, or Oxygen Serum+.
5. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
6. Use Oxygen Mask, or Anti Acne Antiseptic Mask, or Calming Mask 1-2 times per week.

Uneven Pigmentation

1. Cleanse with Décaar Cleansing Milk, or Purifying Cleansing Gel or Delicate Foam Cleanser.
2. Tone with pH Balancing Lotion or Phyto Lotion.
3. Boost with the Oxygen Serum+, or Lumi Drops Serum and follow with Pigment Booster Complex, or Lumi CC Booster.
4. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
5. Soothe with Oxygen Gel. Alternatively, you can mix Dream Glow Cream with drops of Pigment Booster Complex or Lumi CC Booster.
6. Protect and shield with the Advanced Luminous SPF50. Repeat every 4 hours if exposed to direct sunlight.

Evening skin regimen:

1. Remove make-up with Cleansing and Make-Up Remover Micellar Lotion, or Dual Phase Make-Up Remover.
2. Cleanse with Décaar Cleansing Milk, or Purifying Cleansing Gel or Delicate Foam Cleanser.
3. Tone with pH Balancing Lotion or Phyto Lotion.
4. Boost with the Lumi Drops Serum or Oxygen Serum+.
5. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
6. Follow with Pigment Booster Complex or Lumi CC Booster. Alternatively, you can mix Dream Glow Cream with drops of Pigment Booster Complex or Lumi CC Booster.
7. Use Oxygen Mask 1-2 times per week.

Dehydrated Skin, Fine Lines and Wrinkles

Morning skin regimen:

1. Cleanse with Décaar Cleansing Milk or Delicate Foam Cleanser.
2. Tone with pH Balancing Lotion.
3. Oxygenate, soothe and restore with the Age Defying Serum and/or Oxygen Gel.
4. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
5. Protect with Oxygen Hydro 24hr, Youth Elixir Day Cream, or Absolute Hydro Cream+, or Absolute Hydro Cream.
6. Shield with Youth Elixir Suncare Cream SPF50. Repeat every 4 hours if exposed to direct sunlight.

Evening skin regimen:

1. Remove make-up with Cleansing and Make-Up Remover Micellar Lotion, or Dual Phase Make-Up Remover.

2. Cleanse with Décaar Cleansing Milk, or Delicate Foam Cleanser.
3. Tone with pH Balancing Lotion.
4. Boost with Age Defying Serum and fill in the wrinkles with Insta-Wrinkle Filler.
5. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
6. Nourish with Youth Elixir Night Cream, or Absolute Hydro Cream+, or Absolute Hydro Cream.
7. Use Oxygen Mask 1-2 times per week.