

DÉCAAR

ALGAE PEELING REGIMEN
PROTOCOL

ACNE, SCARS, ENLARGED PORES, BLEMISHED, OILY SKIN

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Duration: 60 minutes

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Based on freshwater algae, with strong humectant properties the Algae Peeling is an effective modality of skin resurfacing. Upon massaging the algae fibers into the skin, they penetrate the epidermis and mechanically reduce keratinocyte cohesion thereby increasing stratum corneum sloughing and sebum plug removal. Algae Peeling additionally aids in the delivery of bioactive compounds to the dermis that normalize the function of the sebaceous glands, exhibit antibacterial action and prevent inflammation. Furthermore, the exfoliating action of the algae fibers promotes decongestion of pores and prevents hyperkeratinization that leads to future occlusion and consequent formation of comedones.

BENEFITS

- Accelerates healing process
- Decreases hyperkeratosis in the follicle
- Normalizes functions of sebaceous glands
- Restoration of the cells damaged by infiltrates and deeply cleanses the pores
- Initiates processes of skin regeneration
- Smooths the skin
- Cleanses the skin (removes dead skin cells)
- Stimulates cell renewal
- Stimulates the fibroblasts to produce collagen and elastin
- Reduces sebum production and fights bacteria
- Stimulates the Langerhans cells
- Normalizes pigmentation spots
- Normalizes the thickness of the skin
- Improves blood circulation
- Invigorates the skin and leaves the complexion replenished clean, and radiant

PROTOCOL STEPS

STEP 1 – CLEANSING

1. Remove make-up with 3ml of Cleansing and Make-Up Remover Micellar Lotion, or Dual Phase Make-Up Remover.
2. Cleanse the skin with 3ml Purifying Cleansing Gel. Moisten your fingertips and proceed with circular movements.

STEP 2 – TONING

1. Tone with 3ml of Phyto Lotion according to skin type.

STEP 3 – EXFOLIATION

1. Apply 3ml of Oxygen Scrub or Natural Exfoliation Scrub according to skin type/condition and rub the face with moisten fingertips by using circular massage movements for 3 minutes. Remove with damp sponges and lukewarm water.
2. Apply 3ml of Pro Cleansing Gel Mask on the face and leave on for 15 minutes. In case you wish to use the steamer, leave the mask on for 10 minutes, remove with wet sponges and lukewarm water from the half face area and proceed with the extraction using Décaar's Ultrasonic Skin Blade. Repeat on the other half side of the face.

STEP 4 – TONING

1. Tone with 3ml of Phyto Lotion.

STEP 5 - ALGAE PEEL APPLICATION

1. Apply a thick layer of Oxygen Massage Cream around the delicate eye area, eyebrows, lip and birthmarks.
2. Dissolve 5gr (1 sachet) of Algae Peeling with 10-15ml of Natural Peeling Solution and mix well until it becomes a uniform paste. Use the ceramic candle burner to warm up the mixture.
3. Check the temperature to be tolerable for the client's skin. By using a spatula or your fingertips apply an even layer of paste on the face, skip the neck and proceed with the décolleté if needed. Massage thoroughly for 5-10 minutes, considering the skin sensitivity/tolerance. For more visible results insist on the areas of demand.
4. If the paste gets dry, moisten your fingertips with Natural Peeling Solution and rotate, to avoid any possible harm on the skin.
5. Leave it to rest as a mask on the face and décolleté area for:
 - a. Mild exfoliation: 5 minutes
 - b. Moderate exfoliation: 10 minutes
 - c. Deep exfoliation: 15 minutes
6. Remove with light dabbing movements, using wet sponges.

***SPECIAL TIPS:**

- In case of very sensitive skin, avoid rubbing the algae peeling. Instead, let it rest as a mask for 5 minutes.
- Do not treat the face and back areas in a single session, to avoid over-ballasting the lymphatic system. Wait 24hrs before proceeding to another area.
- In case of thick skin, leave the peeling mask on for 10-15 minutes.

STEP 6 - TONING

1. Tone with 3ml pH Balancing Lotion.

STEP 7 - CALMING & BALANCING

1. Apply 2ml Acne Repair Serum or Oxygen Serum+ and proceed with a massage until it gets absorbed.
2. Apply a thick layer of 5ml Calming Mask and leave it on for 10-15 minutes. During the mask, we proceed with décolleté and arm massage by using Oxygen Massage Cream.
3. Rinse off the Calming Mask with wet sponges and lukewarm water.

STEP 8 - TONING

1. Tone with 3ml pH Balancing Lotion.

STEP 9 - OXYGENATE, PROTECT & SHIELD

1. Apply 2ml of Oxygen Gel and massage until completely absorbed.
2. Protect with 1ml of Energizing Eye Cream or Instant Lift Eye Cream, or 2ml of Superior Eye, Neck & Décolleté.
3. Protect with Anti Acne Cream 24hr, or Rebalancing Cream 24hr or Oxygen Hydro 24hr.
4. Shield with 2ml of Oxygen Cream SPF30 or BB Oxygen Cream SPF50.

NOTICE: The client might feel a slight warmth or tingling sensation within the next 24 hours. This is a normal side effect considering that the algae is still acting on the skin.

REPETITION

A program of three treatments, once a week for three weeks. Take a break for one week and repeat the program again until the achievement of the desirable result.

It is recommended to perform Breath of Life treatment after the completion of a 3-session program.

MAINTENANCE

It is recommended to repeat the treatment periodically during spring and autumn to prepare and shield the skin for the change of season.

TREATMENTS SYNERGIES

- Deep Phyto Peeling in combination with Algae Peeling
- CO2 Revelation in combination with Algae Peeling

CONTRAINDICATIONS

Please check 'Client consultation form'

SPECIAL CASES

Compulsory coverage with Oxygen Massage Cream before the Algae Peeling for:

- Suspicious Mole
- Herpes Simplex
- Couperose (do not rub, apply as a mask)
- Eczema (do not rub, apply as a mask)

GENERAL ADVICE

Please check 'Algae Peel Aftercare Advice' document'

HOME CARE PROTOCOL

Advise the client to use DÉCAAR home care products to optimize treatment outcome (more than 70% improved results have been noticed when the treated person combines the treatment with DÉCAAR homecare products). Also, we advise our client to drink a lot of water during the day (2L per day), to avoid sun exposure/sauna/steam bath.

Acne, Scars & Blemish and Oily Skin

Morning skin regimen:

1. Cleanse with Décaar Purifying Cleansing Gel.
2. Tone with Phyto Lotion.
3. Balance the skin with Acne Repair Serum or Oxygen Serum+.
4. Apply Energizing Eye Cream, Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
5. Oxygenate and soothe with the Oxygen Gel.
6. Protect with the Rebalancing Cream 24hr, or the Anti Acne Cream 24hr.
7. Shield with the Oxygen Cream SPF30, or BB Oxygen Cream SPF50. Repeat every 4 hours if exposed to direct sunlight.

Evening skin regimen:

1. Remove make-up with Cleansing and Make-Up Remover Micellar Lotion, or Dual Phase Make-Up Remover.
2. Cleanse with Décaar Purifying Cleansing Gel.
3. Tone with Phyto Lotion.
4. Balance the skin with Acne Repair Serum or Oxygen Serum+.
5. Apply Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
6. Restore with Oxygen Gel and/or Anti Acne Cream 24hr, or Rebalancing Cream 24hr.
7. Use Anti Acne Antiseptic Mask or Calming Mask 1-2 times per week.