

DÉCAAR

ALGAE PEELING REGIMEN
PROTOCOL

HYPERPIGMENTATION, AGE SPOTS

ALGAE PEELING REGIMEN

Duration: 60 minutes

HYPERPIGMENTATION, AGE SPOTS

The treatment is based on freshwater algae and has a double action, working mechanically and biologically.

It is a natural approach to microdermabrasion, dermabrasion and chemical peels ideal also for hypersensitive skin. Algae Peeling is an optimum solution to pigmented skin due to its natural skin brightening properties. The micro-fibers of the peeling powder penetrate the skin causing increased cell turnover. The pigmented skin will fade gradually with time as dark spots, hyperpigmentation, melasma and discoloration are all forms of excess melanin. Exfoliation helps to reduce excess melanin expressed in keratinocytes by breaking up the pigmented cells and sloughing them off.

BENEFITS

- Accelerates healing process
- Decreases hyperkeratosis in the follicle
- Normalizes functions of sebaceous glands
- Restoration of the cells damaged by infiltrations and deeply cleanses the pores.
- Initiates processes of skin regeneration
- Smooths the skin
- Cleanses the skin (removes dead skin cells).
- Stimulates cell renewal
- Stimulates the fibroblasts to produce collagen and elastin
- Reduces sebum production and fights bacteria
- Stimulates the Langerhans cells
- Normalizes pigmentation spots
- Normalizes the thickness of the skin
- Improves blood circulation
- Invigorates the skin and leaves the complexion replenished clean, and radiant.

PROTOCOL STEPS

STEP 1 – CLEANSING

1. Remove make-up with 3ml of Cleansing and Make-Up Remover Micellar Lotion or Dual Phase Make-Up Remover.
2. Cleanse the skin with 3ml Cleansing Milk, or Purifying Cleansing Gel or Delicate Foam Cleanser according to skin type. Moisten your fingertips and proceed with circular movements.

STEP 2 – TONING

1. Tone with 3ml of pH Balancing Lotion or Phyto Lotion according to skin type.

STEP 3 – EXFOLIATION

1. Apply 3ml of Oxygen Scrub and rub the face with moisten fingertips by using circular massage movements for 3 minutes. Remove with damp sponges and lukewarm water.
2. Apply 3ml of Pro Cleansing Gel Mask on the face and leave on for 15 minutes. In case you wish to use the steamer, leave the mask on for 10 minutes, remove with wet sponges and lukewarm water from the half face area and proceed with the extraction using Décaar's Ultrasonic Skin Blade. Repeat on the other half side of the face.

STEP 4 – TONING

1. Tone with 3ml of Phyto Lotion.

STEP 5 - ALGAE PEEL APPLICATION

1. Apply a thick layer of Oxygen Massage Cream around the delicate eye area, eyebrows, lip and birthmarks.
2. Dissolve 5gr (1 sachet) of Algae Peeling with 10-15ml of Natural Peeling Solution and mix well until it becomes a uniform paste. Use the ceramic candle burner to warm up the mixture.
3. Check the temperature to be tolerable for the client's skin. By using a spatula or your fingertips apply an even layer of paste on the face, skip the neck and proceed with the décolleté if needed. Massage thoroughly for 5-10 minutes, considering the skin sensitivity/tolerance. For more visible results insist on the areas of demand.
4. If the paste gets dry, moisten your fingertips with Natural Peeling Solution and rotate, to avoid any possible harm on the skin.
5. Leave it to rest as a mask on the face and décolleté area for:
 - a. Mild exfoliation: 5 minutes
 - b. Moderate exfoliation: 10 minutes
 - c. Deep exfoliation: 15 minutes
6. Remove with light dabbing movements, using wet sponges.

***SPECIAL TIPS:**

- In case of very sensitive skin, avoid rubbing the algae peel. Instead, let it rest as a mask for 5 minutes.
- Do not treat the face and back areas in a single session, to avoid over-ballasting the lymphatic system. Wait 24hrs before proceeding to another area.
- In case of thick skin, leave the peeling mask on for 10-15 minutes.

STEP 6 - TONING

1. Tone with 3ml pH Balancing Lotion.

STEP 7 - BRIGHTENING & SOOTHING

1. Apply 2ml Lumi Drops Serum or Lumi CC Booster and proceed with a massage until it gets absorbed.
2. Apply a thick layer of 5 ml Calming Mask and leave it on for 10-15 minutes. During the mask, we proceed with décolleté and arm massage by using Oxygen Massage Cream.
3. Rinse off the Calming Mask with wet sponges and lukewarm water.

STEP 8 - TONING

1. Tone with 3ml of pH Balancing Lotion.

STEP 9 - PROTECT & SHIELD

1. Apply 2ml Oxygen Gel and massage thoroughly.
2. Protect with 1ml of Energizing Eye Cream, or Instant Lift Eye Cream, or 2ml of Superior Eye, Neck & Décolleté Cream.
3. Mix Dream Glow Cream with 2 drops of Pigment Booster Complex and massage until fully absorbed.
4. Protect and shield with the Advanced Luminous SPF50.

NOTICE: The client might feel a slight warmth or tingling sensation within the next 24 hours. This is a normal side effect considering that the algae is still acting on the skin.

REPETITION

A program of three treatments, once a week for three weeks. Take a break for one week and repeat the program again until the achievement of the desirable result.

DÉCAAR recommends performing CO2 Revelation treatment after the completion of a 3-session program.

MAINTENANCE

It is recommended to repeat the treatment periodically during spring and autumn to prepare and shield the skin for the change of season.

TREATMENT SYNERGIES

- Algae Peeling in combination with Renaissance Alchemies
- CO2 Revelation in combination with Algae Peeling

CONTRAINDICATIONS

Please check 'Client consultation form'

SPECIAL CASES

Compulsory coverage with Oxygen Massage Cream before the Algae Peeling for:

- Suspicious Mole
- Couperose (do not rub, apply as a mask)
- Eczema (do not rub, apply as a mask)

GENERAL ADVICE

Please check 'Algae Peel Aftercare Advice' document'

HOME CARE PROTOCOL

Advise the client to use DÉCAAR home care products to optimize treatment outcome (more than 70% improved results have been noticed when the treated person combines the treatment with DÉCAAR

homecare products). Also, we advise our client to drink a lot of water during the day (2L per day), to avoid sun exposure/sauna/steam bath.

Hyperpigmentation, Age Spots

Morning skin regimen:

1. Cleanse with Décaar Cleansing Milk, or Purifying Cleansing Gel or Delicate Foam Cleanser.
2. Tone with pH Balancing Lotion or Phyto Lotion.
3. Boost with the Oxygen Serum+, or Lumi Drops Serum and follow with Pigment Booster Complex, or Lumi CC Booster.
4. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
5. Soothe with Oxygen Gel. Alternatively, you can mix Dream Glow Cream with drops of Pigment Booster Complex or Lumi CC Booster.
6. Protect and shield with the Advanced Luminous SPF50. Repeat every 4 hours if exposed to direct sunlight.

Evening skin regimen:

1. Remove make-up with Cleansing and Make-Up Remover Micellar Lotion, or Dual Phase Make-Up Remover.
2. Cleanse with Décaar Cleansing Milk, or Purifying Cleansing Gel or Delicate Foam Cleanser.
3. Tone with pH Balancing Lotion or Phyto Lotion.
4. Boost with the Lumi Drops Serum or Oxygen Serum+.
5. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
6. Follow with Pigment Booster Complex or Lumi CC Booster. Alternatively, you can mix Dream Glow Cream with drops of Pigment Booster Complex or Lumi CC Booster.
7. Use Oxygen Mask 1-2 times per week.