

DÉCAAR

ALGAE PEELING REGIMEN
PROTOCOL

SENSITIVE SKIN, COUPEROSE - PRONE SKIN, REACTIVE SKIN

ALGAE PEELING REGIMEN

Duration: 60 minutes

SENSITIVE SKIN, COUPEROSE-PRONE SKIN, REACTIVE SKIN

This advanced treatment, specially developed for sensitive and reactive skins that suffer from redness, dryness, irritation and skin discomfort.

This treatment introduces a novel Vit.B Complex with a synergistic combination of VIT. B3, B5 and B12, enriched with potent bioactive ingredients such as Bakuchiol, Tetrapeptide-44 and ectoin which soothe and calm the skin, while strengthening its barrier and protecting against environmentally induced oxidative stress.

The natural components in algae peeling help to gently slough off dead skin cells without causing excessive irritation or damage to the skin barrier, encouraging the natural process of cell turnover. It supports and strengthens the skin's natural defenses so as to protect it against environmental irritants and reduce the likelihood of inflammatory reactions.

BENEFITS

- Hydrating
- Builds a healthy and balanced barrier and protects against environmentally induced oxidative stress
- Protects and calms reactive sensitive skin
- Restores the feeling of comfort to the skin
- Offers an immediate soothing effect while reducing the appearance of redness
- Gives a healthy, dewy glow and a fresh, relaxed and radiant complexion

PROTOCOL STEPS

STEP 1 – CLEANSING

1. Remove make-up with 3ml Active³ Micellar Water using cotton pads.
2. Cleanse the skin with 3ml of Delicate Foam Cleanser.
3. Moisten your fingertips and proceed with circular movements.
4. Cleanse with wet sponges and lukewarm water.

STEP 2 – TONING

1. Tone with 3ml pH Balancing Lotion.

STEP 3 – EXFOLIATION

1. Apply 3ml of Pro Cleansing Gel Mask on the face and leave on for 5 minutes. Remove with wet sponges and lukewarm water from the half face area and proceed with the extraction using Décaar's Ultrasonic Skin Blade. Repeat on the other half side of the face.

STEP 4 – TONING

1. Tone with 3ml of pH Balancing Lotion.

STEP 5 - ALGAE PEEL APPLICATION

1. Apply a thick layer of Oxygen Massage Cream around the delicate eye area, eyebrows, lip and birthmarks.
2. Dissolve 5gr (1 sachet) of Algae Peeling with 10-15ml of Natural Peeling Solution and mix well until it becomes a uniform paste. Use the ceramic candle burner to warm up the mixture.
3. Check the temperature to be tolerable for the client's skin. By using a spatula or your fingertips apply an even layer of paste on the face, skip the neck and proceed with the décolleté if needed.
4. Leave on for 10 minutes. Do not massage.
5. Remove with light dabbing movements, using wet sponges.

***SPECIAL TIPS:**

- In case of thin skin, leave the peeling mask on for 5 minutes.

STEP 6 - TONING

1. Tone with 3ml pH Balancing Lotion.

STEP 7 - CALMING & BALANCING

1. Apply 2ml of Delicate Serum and proceed with a gentle massage until it gets absorbed.
2. Apply a thick layer of 5ml Calming Mask and leave it on for 10-15 minutes. During the mask, we proceed with décolleté and arm massage by using Oxygen Massage Cream.
3. Rinse off the Calming Mask with wet sponges and lukewarm water.

STEP 8 - TONING

1. Tone with 3ml of pH Balancing Lotion.

STEP 9 - OXYGENATE, PROTECT & SHIELD

1. Apply 2ml of Oxygen Gel or Delicate Soothing Gel and massage thoroughly.
2. Protect with 1ml of Energizing Eye Cream, or Instant Lift Eye Cream, or 2ml of Superior Eye, Neck & Décolleté Cream.
3. Hydrate with 2ml of Delicate Touch Cream
4. Shield with 2ml of Oxygen Cream SPF30 or BB Oxygen Cream SPF50 or Youth Elixir Suncare Cream SPF50.

NOTICE: The client might feel a slight warmth or tingling sensation within the next 24 hours. This is a normal side effect considering that the algae is still acting on the skin. This treatment results in gentle exfoliation and physical skin peeling may or may not be observed.

REPETITION

A program of three treatments, once a week for three weeks. Take a break for one week and repeat the program again until the achievement of the desirable result.

MAINTENANCE

It is recommended to repeat the treatment periodically during spring and autumn to prepare and shield the skin for the change of season.

CONTRAINDICATIONS

Please check 'Client consultation form'

SPECIAL CASES

Compulsory coverage with Oxygen Massage Cream before the Algae Peeling for:

- Suspicious Mole
- Eczema

GENERAL ADVICE

Please check 'Algae Peel Aftercare Advice' document'

HOME CARE PROTOCOL

Advise the client to use DÉCAAR home care products to optimize treatment outcome (more than 70% improved results have been noticed when the treated person combines the treatment with DÉCAAR homecare products). Also, we advise our client to drink a lot of water during the day (2L per day), to avoid sun exposure/sauna/steam bath.

Delicate Skin, Couperose-Prone Skin, Reactive Skin

Morning skin regimen:

1. Cleanse with Décaar Delicate Foam Cleanser or Active³ Micellar Water.
2. Tone with pH Balancing Lotion.
3. Calm and soothe with Delicate Serum.
4. Hydrate the eye area with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
5. Protect with the Delicate Touch Cream.
6. Shield with the Oxygen Cream SPF30, or BB Oxygen Cream SPF50 or Youth Elixir Suncare Cream SPF50. Repeat every 4 hours if exposed to direct sunlight.

Evening skin regimen:

1. Remove make-up with Active³ Micellar Water.
2. Cleanse with Décaar Delicate Foam Cleanser.
3. Tone with pH Balancing Lotion.
4. Calm and soothe the skin with Delicate Serum.
5. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
6. Restore with the Delicate Touch Cream.
7. Use Oxygen Mask or Calming Mask 1-2 times per week.