

RENAISSANCE ALCHEMIES
PROTOCOL

RENAISSANCE ALCHEMIES

Duration: 60 minutes

AGEING SKIN, FINE LINES AND WRINKLES, SAGGING SKIN & PIGMENTATION

The Renaissance Alchemies is an innovative, sophisticated, complex and customized method to fit individual specifications and skin concerns.

The skin professionals can select the right Alchemy from DÉCAAR's peptide range by adding the accurate dosage and blend for instantly safe and effective results.

As we age the skin's main proteins break down, followed by a skin's reaction that boosts collagen and elastin to build it up again.

The Renaissance Signal Peptides are stimulating collagen production by misleading the fibroblasts that skin is breaking down and needs to be repaired.

Thanks to their molecular structure they manage to penetrate through the skin's protective barrier and to reach the deepest layers in order to boost the regeneration process by repairing damaged collagen fibers.

BENEFITS

- Improves skin firmness and elasticity
- Decreases wrinkle depth
- Fades out ageing spots and pigmented skin
- Instant results
- Improves tired, dull or mature skins
- A clearer, brighter, and more supple complexion
- Promotes cell turnover, accelerating a sluggish system so that young skin cells reach the top layer faster and the skin looks more youthful

DIAGNOSIS STAGE

A professional Therapist needs to make a good diagnosis prior to the treatment, selecting the right dosage and alchemy, the right booster and mask according to the client's skin condition and type.

SELECTING THE RIGHT MASK

Select the right mask according to the client's skin type/condition as described below:

Warming Sensory Mask: Helps restore moisture loss and keep skin feeling fresh. Assists in reducing the appearance of fine lines and wrinkles and provides excellent antioxidant properties. The Warming Sensory Mask is recommended for all skin types and concerns except for Rosacea, Delicate and Couperose-prone skin.

Sensory Mask: Helps restore moisture loss and keep skin feeling fresh. Assists in reducing the appearance of fine lines and wrinkles, and provides excellent antioxidant properties. The Sensory Mask is recommended for all skin types, also for Rosacea, Delicate and Couperose-prone skin.

SELECTING THE RIGHT BOOSTER

Select the right booster according to the client's skin type/condition as described below. A skin professional can select to use either one booster or combine more, even use all 4 boosters in one treatment:

Line Booster Peptide: It fights the appearance of vertical lines and wrinkles for a happier facial expression.

Bio-Placenta Booster Peptide: Helps improve skin firmness, elasticity, texture and minimize signs of ageing.

Rise Up Booster Peptide: This Peptide has a micro-firming effect, boosts cell cohesion, and has skin-lifting power, able to help prevent and protect your skin from signs of ageing.

Illuminate Vitamin C: Reduces the appearance of dark spots and age spots, smoothes fine lines and wrinkles and illuminates the skin.

Examples of Combination Boosters and Skin Scenarios

A client with **wrinkles and sagging skin** - Line Booster Peptide + Bio-placenta Booster Peptide + Rise Up Booster Peptide

A client with **wrinkles and dark spots** - Line Booster Peptide + Illuminate Vitamin C

A client with **pigmentation and loss of firmness** - Bio-placenta Booster Peptide + Rise Up Booster Peptide + Illuminate Vitamin C

DOSAGE

Peptides dosage

The skin professional can apply a dosage of 2% to 4% active for each Peptide, for faster and improved results. For example, a client with deep wrinkles is suggested to use 4% active.

- 2% active = 3 drops
- 4% active = 6 drops

Illuminate Vitamin C dosage

The skin professional can apply a dosage of 2% to 10% active, for faster and improved results.

*Dosage conversion: 2% active = 3 drops

- Low levels of pigmentation: 2% to 4%
- Moderate levels of pigmentation: 6%
- High levels of pigmentation: 8% - 10%

PROTOCOL STEPS

STEP 1 – CLEANSING

1. Remove make-up with 3ml of Cleansing and Make-Up Remover Micellar Lotion or Dual Phase Make-Up Remover.
2. Cleanse the skin with 3ml Cleansing Milk, or Purifying Cleansing Gel or Delicate Foam Cleanser according to skin type. Moisten your fingertips and proceed with circular movements.

STEP 2- TONING

1. Tone with 3ml pH Balancing Lotion

STEP 3 – EXFOLIATION

1. Apply 3ml of Oxygen Scrub or Natural Exfoliation Scrub according to skin type/condition and rub the face with moisten fingertips by using circular massage movements for 3 minutes. Remove with damp sponges and lukewarm water.
2. Apply 3ml of Pro Cleansing Gel Mask on the face and leave on for 15 minutes. In case you wish to use the steamer, leave the mask on for 10 minutes, remove with wet sponges and lukewarm water from the half face area and proceed with the extraction using Décaar Ultrasonic Skin Blade. Repeat on the other half side of the face.

STEP 4 – TONING

1. Tone with 3ml pH Balancing Lotion

STEP 5 - STIMULATING - MASSAGE

1. Apply 3ml of Oxygen Gel and massage with the 3D Massage Roller for 5 minutes to stimulate the muscles.

STEP 6 – MASK AND BOOSTERS APPLICATION

1. Select the mask according to the skin type (Sensory Mask or Warming Sensory Mask) and add the Alchemy of Boosters according to skin concern and damage.
2. Mix 5ml of mask for each treatment regardless of the selected number of boosters and dosage. For example, for a client with normal skin, deep wrinkles, and moderately pigmented skin, you need to mix in 5ml of Warming Sensory Mask, 6 drops of Line Booster Peptide + 9 drops of Illuminate Vitamin C, until the paste is uniform.
3. Apply the mixture uniformly to the treated area. Perform a deep tissue massage on the face, neck, and décolleté area for 10-15 minutes until it gets absorbed. Tissue off any residues..

STEP 7 - PROTECT & SHIELD

1. Shield with 2ml Youth Elixir Suncare Cream SPF50, or Advanced Luminous SPF50.

REPETITION

A program of four treatments, once a week for four weeks. Take a break for one week and repeat the program again until the achievement of the desirable result.

MAINTENANCE

It is recommended to repeat the treatment periodically during spring and autumn to prepare and shield the skin for the change of season.

TREATMENTS SYNERGIES

- Deep Phyto Peeling in combination with Renaissance Alchemies
- Algae Peeling in combination with Renaissance Alchemies

HOME CARE PROTOCOL

Advise the client to use DÉCAAR home care products to optimize treatment outcome (more than 70% improved results have been noticed when the treated person combines the treatment with DÉCAAR homecare products).

Ageing Skin, Fine Lines and Wrinkles, Sagging Skin

Morning skin regimen:

1. Cleanse with Décaar Cleansing Milk or Delicate Foam Cleanser.
2. Tone with pH Balancing Lotion.
3. Restore and oxygenate with the Age Defying Serum and/or Oxygen Gel.
4. Protect with Oxygen Hydro 24hr, Youth Elixir Day Cream, or Absolute Hydro Cream+, or Absolute Hydro Cream.
5. Shield with Youth Elixir Suncare Cream SPF50. Repeat every 4 hours if exposed to direct sunlight.

Evening skin regimen:

1. Remove make-up with Cleansing and Make-Up Remover Micellar Lotion, or Dual Phase Make-Up Remover.
2. Cleanse with Décaar Cleansing Milk, or Delicate Foam Cleanser.
3. Tone with pH Balancing Lotion.
4. Boost with Age Defying Serum and fill in the wrinkles with Insta-Wrinkle Filler.
5. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
6. Nourish with Youth Elixir Night Cream, or Absolute Hydro Cream+, or Absolute Hydro Cream.
7. Use Oxygen Mask 1-2 times per week.

Pigmentation

Morning skin regimen:

1. Cleanse with Décaar Cleansing Milk, or Purifying Cleansing Gel or Delicate Foam Cleanser.
2. Tone with pH Balancing Lotion or Phyto Lotion.
3. Boost with the Oxygen Serum+, or Lumi Drops Serum and follow with Pigment Booster Complex, or Lumi CC Booster.
4. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.

5. Soothe with Oxygen Gel. Alternatively, you can mix Dream Glow Cream with drops of Pigment Booster Complex or Lumi CC Booster.
6. Protect and shield with the Advanced Luminous SPF50. Repeat every 4 hours if exposed to direct sunlight.

Evening skin regimen:

1. Remove make-up with Cleansing and Make-Up Remover Micellar Lotion, or Dual Phase Make-Up Remover.
2. Cleanse with Décaar Cleansing Milk, or Purifying Cleansing Gel or Delicate Foam Cleanser.
3. Tone with pH Balancing Lotion or Phyto Lotion.
4. Boost with the Lumi Drops Serum or Oxygen Serum+.
5. Protect with Energizing Eye Cream, or Instant Lift Eye Cream, or Superior Eye, Neck & Décolleté Cream.
6. Follow with Pigment Booster Complex or Lumi CC Booster. Alternatively, you can mix Dream Glow Cream with drops of Pigment Booster Complex or Lumi CC Booster.
7. Use Oxygen Scrub and Oxygen Mask 1-2 times per week.